



20 of Days Christmas Cheer

Help Club for Mom's "Christmas Countdown" for Moms & Kids!

20	19	18	17	16	15	14	13	12	11
10	9	8	7	6	5	4	3	2	1

We know it can be difficult to fill your Christmas season with FUN instead of constant busyness! So, at the Help Club for Moms, we have created the "20 Days of Christmas Cheer" countdown! Some ideas are purely for fun and others draw you closer to Jesus as a family! No need to complete them all, but it will surely be a Christmas to remember if you do!

DAY 20

Kids: Make a "Countdown to Christmas" paper chain out of red and green construction paper with 20 circles. Hang it somewhere for all to see in your home.

Moms: Look up these verses: Isaiah 7:14, John 1:14, Galatians 4:4-5, Isaiah 9:6, and 1 John 5:11. Choose your favorite one and work on memorizing it this Christmas season!

DAY 19

Kids: Read the story of Jesus' birth to your kids from Luke 2:1-21. Have your kids draw pictures of their favorite parts of the story. Then ask them to tell you about that aspect of the story as you write it on their illustration (or have them write it themselves). Staple all their pages together to make a Christmas book!

Moms: Take a bubble bath. While relaxing, prepare your heart and mind for a busy Christmas season. Pray that God would give you moments of rest and that you would soak in this season with your family.

DAY 18

Kids: Go to a bookstore and choose a special Christmas book to read together! Thrift stores are wonderful, too, for saving money. Most books are only 50 cents!

Moms: Plan an in-home date night for you and your husband. Surprise him with it and make sure you put it on your calendar so you don't forget.

DAY 17

Kids: Choose a Christmas hymn like Away in the Manger, O Come All Ye Faithful, or Hark the Herald Angels Sing. Sing it together often and try to learn all the words.

Moms: Text or call a friend or two and ask them if you can get coffee or tea together sometime soon. Taking time to connect with those you love is good for your heart!



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DAY 16

Kids: Make Christmas treats for your neighbors and deliver them. Rice Krispie treats are fast and easy!

Moms: Gather the family together and watch “The Nativity Story” together as a family!

DAY 15

Kids: Make or buy all the ingredients to make a Gingerbread House together. Frosting, Graham Crackers & Sprinkles work wonderfully!

Moms: When the kids go to bed, choose one of your favorite Christmas movies and pop some popcorn. Let it be a treat to yourself!

DAY 14

Kids: Sip hot chocolate together as a family. Grab those mini-marshmallows kids love, sit at the table, and chat.

Moms: Make handmade gift tags as a family. They don’t need to be perfect or fancy, just made with love!

DAY 13

Kids: Have your kids make a Christmas card to send to their Grandmas & Grandpas. No matter your child’s age, their Grandparents will love them and keep them forever!

Moms: Think about a way you can bless your husband this Christmas. It could be anything: perhaps a little gift, an act of service for him, or making him his favorite meal.

DAY 12

Kids: Have a family picnic under the Christmas tree! Light a couple candles, turn off the lights, turn UP the Christmas music, and make it FUN!

Moms: Sit in the quiet. With kids, this is tough to do, but it can happen. Find small pockets of time to stop what you are doing and enjoy the quiet. If you make a habit of this, you will find yourself enjoying a few minutes of quiet each day.

DAY 11

Kids: Have your kids start thinking of a gift they can give to Jesus for Christmas. Maybe they can commit to treating others with kindness, talking to God more, etc. Set a special box under the tree for them to place their gifts written on pieces of paper.

Moms: Make a list! Our minds usually race with a million things during this holiday. Take about 5 minutes to write down all that is in your running to-do list in your mind. It will make you feel so much better when you are done!

DAY 10

Kids: Wrap your kids in toilet paper head to toe! Cut out carrots for their noses and black circles for their eyes! Watch them have fun and transform into SNOWMEN, all at once!

Moms: Pray you will be flexible this season. We always have so many ideas and to-do’s, but all of them simply cannot happen. Prepare your heart and mind for unmet expectations and interesting surprises.



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DAY 9

Kids: Plan a “Candy Cane” hunt for your kids big and small! For the littles, make it easy around the house. For bigs, have them bundle up and search inside and outside. They can use paper bags to gather all the candy canes.

Moms: As you wrap presents this season, consider giving your kids “code names” so they can’t guess their gifts. My mom would give us reindeer names but it would be fun to do names like “Candy Cane, Gingerbread Man, Snowball, etc.

DAY 8

Kids: Make a popcorn and cranberry garland to hang outside to feed the birds. The kids will love it!

Moms: Ask your husband or a friend to watch the kids one evening so you can wrap presents. Let this be a relaxing time for you. If gift bags make wrapping easier and more fun, do it! The wrapping doesn’t need to be perfect.

DAY 7

Kids: Make Christmas Ornaments together to add to the tree! It can be as simple as painting pine cones to elaborate Pinterest DIYs. Do what your family loves and don’t make it too complicated.

Moms: Call a friend or family member to catch up. It can be for someone who really needs it, or maybe you really need it. God will show you who it is!

DAY 6

Kids: Have a “Snowball Toss!” Grab some clear or white plastic/styrofoam cups and draw snowmen faces on them. Put different points for each cup. Give your kids cotton balls and have them throw their “snowballs” into the cups for points. The player with the most points wins!

Moms: Plan what you will make for Christmas Eve & Christmas Day meals. Choose a mix of special and easy recipes. Go easy on yourself with a couple small special touches.

DAY 5

Kids: Go Christmas caroling around your neighborhood and spread some Christmas joy! Keep it simple or make it more fun with battery operated candles or hot cocoa in hand to enjoy as you sing.

Moms: Send a card to a friend or family member who could use some extra encouragement this season. Remind them of the love of Jesus!

DAY 4

Kids: Have a “shepherds dinner.” Grab a loaf of bread at the grocery store and make a roast or stew. This would also be a great time to use a can of soup. Keep it simple. Lay a blanket on the floor and turn off all the lights (use flashlights for torches). Try to imagine what the shepherds felt as they witnessed the sky filled with angels singing praises to the newborn Savior.

Moms: While at the store, buy some flowers, or just one, to put in your home. Place it in a spot you will see it often. Sometimes it’s the little things that change our attitude for the day!



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DAY 3

Kids: Take the kids to go see your neighborhood Christmas lights. Driving around town to find the best ones is so much fun!

Moms: Turn on some Christmas music and do something you enjoy. Relax your heart before the busyness of the coming days.

DAY 2

Kids: Act out the nativity story! If desired, have your kids make props or simple costumes out of paper or cardboard; use whatever you have on hand. It doesn't have to be perfect, just have fun!

Moms: After your kids have gone to bed, turn off all the lights except the Christmas lights. Sit in the peace and quiet of the night and think about the beauty of your Savior and His great love for you.

DAY 1

Kids: Have a birthday party for Jesus! Make (or buy) a little cake or treat and celebrate our Savior together.

Moms: Make a list, on your own or as a family, of all the things you have to be thankful for this Christmas! God has blessed you in amazing ways!

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