

Christmas Kindness Challenge

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Mama, do your kids need some encouragement in the area of pursuing kindness? I know mine sure do! Kindness isn't always a natural response and it is so good to intentionally teach our children to chase after kindness each and every day!

Christmas happens to be a fabulous time to remind our kids of the kindness Jesus has shown to us! So snuggle up together and read about this wonderful Christmas Kindness Challenge that your kids can enjoy the whole month of December! Just follow the steps below!

Directions:

1. Make copies of the stained glass page for each child, found on page 77, or print copies off our website at www.myhelpclubformoms.com.

Tip: For the activity to work, there can be no words printed on the back of the stained glass coloring sheet and it must be colored in boldly with markers.

2. Read the following paragraphs aloud:

The Christmas season is the perfect time to develop the habit of sharing Christ's love with others! Through small acts of kindness shown to others, you are actually illuminating the love of Christ in such a beautiful way! Have you ever seen a stained glass window in a church or an old building? It appears to be just a picture made of glass until the radiant sun shines behind it. As the light of the sun shines through the stained glass window, it is truly a magnificent sight!

It is the same with our acts of kindness. Anyone can do kind things for people, but if the light of the Son (Jesus) is in us, then those acts become glorious shining examples of Christ's love! Do you have Jesus living in you? Are you following Him? If so, do these kind things out of love for Jesus and pour out His love to others at Christmas this year! If you do not follow Jesus and would like to, then it is as easy as the "ABC's"—

Admitt to God you're a sinner (Romans 3:23),

Believe that Jesus is God's Son (John 3:16), and

Confess your faith in Jesus as your Lord and Savior (Romans 10:9).

Activity Instructions:

1. On the next page is a list of kind things you can do to spread the love of Jesus. Add your own ideas to this list and then get to work!
2. As you accomplish an act of kindness, color a section of the stained glass coloring page.
3. As the picture is slowly filled in, put the coloring page up to the window and see the light shining through all of your kind deeds.
4. Look for ways to show Christ's love to others. More importantly, make sure the light of Jesus is in you! He is what makes everything truly beautiful!



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Acts of Kindness for Kids:

- Go through your toys and donate ones you don't play with to charity or a local children's hospital.
- Help a sibling or a friend do a chore or other job.
- Write grandparents a letter or draw a picture and mail it to them.
- Leave a little treat in the mailbox for the mailman.
- Donate books you no longer read or need.
- Put money in the Salvation Army bucket.
- Make breakfast for your mom or dad.
- Take a treat to the local fire station.
- Give a hug to someone who is hurting.
- Go to a nursing home to visit residents or make and send cards to them.
- Forgive your sibling or friend when he or she hurts your feelings.
- Hold the door for people behind you.
- Write a kind sidewalk message with chalk or in the snow.
- Make a treat and a Christmas card for the school bus driver or crossing guard.
- Offer to take the neighbor's dog for a walk.
- Write a letter to a military member.
- Share something that is extra-special to you with a sibling or friend.
- Smile at every single person you see for one whole day.
- Write a thank-you note to your parents or teacher.
- Pray for someone.
- Make a homemade gift for someone.
- Go buy inexpensive socks, beanies, and mittens (the dollar store has lots of great ones!) and deliver them to a homeless shelter or keep them in your car and hand them out if you come across anyone in need.
- Make someone laugh.
- Do something special for a friend.
- Call a relative who may need cheering up.
- Invite someone who lives alone over for dinner.
- For one day, try to pick up at least three pieces of trash wherever you are.
- Sit with someone at lunch who looks lonely or who doesn't have very many friends.
- Compliment at least five people in one day.
- Do something your parents need you to do without being asked.
- Make a homemade bird feeder and hang it outside (like a pinecone rolled in peanut butter and birdseed).
- Take cookies to your neighbor.
- Clean up a mess you didn't make.
- Draw a picture for mom and dad.
- Tell someone about Jesus.

Stained Glass Coloring Activity

