

# Best Winter Ever Challenge

## Week Three

### Spirit

Read "The Wise Woman Enjoys Part One"  
Devotional Days 1-5 on the Bible App

### Husband

Tell your husband you love him every day this week. Be creative and figure out how to say "I love you" with actions as well as with words.

### Children

Complete the "Mama Says Yes" Challenge" found in the "Mom's Guide to a Fun and Meaningful Winter"

### Home

Search your freezer and pantry and challenge yourself to use up the ingredients you have on hand. Be creative and see what you can make without having to go shopping.

### Personal

Exercise 3 times this week

Watch Deb's Mentoring Monday video and start the habit of tuning in every week.