

# Best Winter Ever Challenge

## Week Four

### Spirit

Read "The Wise Woman Enjoys Part One"  
Devotional Days 6-10 on the Bible App

### Husband

Take a walk with your man this week. Go outside and enjoy fresh air together. Make an effort to reconnect and talk.

### Children

Pick a Scripture to work on with your kids this week in the "Mom's Guide to a Fun and Meaningful Summer" in the "Short Verses to Memorize Section."

### Home

Brighten your home with flowers or a potted plant this week. A simple inexpensive grocery store bouquet will bring beauty to your table and joy to your week.

### Person

Exercise 3 times this week

Watch Deb's Mentoring Monday video and start the habit of tuning in every week.