

Best Winter Ever Challenge

Week Two

Spirit

Read "Enjoying Motherhood" Devotional Days
6-10 on the Bible App

Husband

Pray aloud with your husband before bed this week. If he is uncomfortable praying out loud, ask God to open his heart to praying together on a regular basis.

Children

Begin "The Best Winter Ever Bingo" with your kids this week! Plan a time several days this week to work on the activities together.

Home

Create a healthy snack station in your pantry or refrigerator and make it accessible to your children.

Personal

Exercise 3 times this week

Write a note to a friend and tell her something you love about her.