



Help Club for Moms

Raising Christ-Centered Kids:



SIX EASY WAYS TO BECOME AN INTENTIONAL MOM

Hi there, thank you so much for downloading our guide “Raising Christ-Centered Kids: Six Easy Ways to Become an Intentional Mom”!

I’m Deb Weakly, and I helped create the Help Club for Moms with one goal in mind: to create a community in which moms help moms know the love of Christ.

Here’s a bit of my story: I didn’t grow up in a Christian home, so when I became a Christian (and soon after, a mom), I had no idea what I was doing. I didn’t know what it meant to raise Christ-centered kids, but I so desperately wanted to learn.

Through trial and error and by the grace of God, I did learn, and here I am today, teaching you how to do the same.

You’re a mom, so I don’t have to tell you that life is messy, and perfection in motherhood is all but impossible. So, let me assure you, here at the Help Club for Moms, perfection is never our goal. Instead, we’ve replaced this goal with intentionality.

I don’t know what your waking hours looked like today, but when diapers, crumbs, or screaming children are the climaxes of the day, knowing that you have eighteen years ahead of you with these same children under your roof can seem like a long way away.

But if there’s one thing I’ve learned while raising my own kids, it’s that those eighteen years really do fly by, and one way you can seize the day is to pray and ask God to help you become an intentional mom, savoring and making the most of each moment.

Intentionality is counter-cultural. It is not normal for you to care so deeply about the influence you have on your children while they are at home. But I am so glad that you do.

Being intentional as a mom means purposefully making priorities so that your children will always remember the beautiful and profound impact you made in their lives.

Intentional moms do not rely on chance to raise their children. Through prayer, awareness, and a whole lot of coffee, intentional moms strive toward growth, learning how best to teach the love of Christ to their children, one day at a time.

Intentionality looks different from mom to mom, so I encourage you to spend time in prayer, asking God to guide you in the next step or two to take for your family. To get you thinking, I’ve provided a few ideas that might work for you. Pray over them and decide what being an intentional mom looks like in your home.



Help Club for Moms



Raising Christ-Centered Kids:

HERE ARE 6 IDEAS TO PONDER:

1. Be intentional in reading the Bible to your kids.

This could take the form of a devotional or a Bible story, but whatever it is, your children need to hear the Bible coming from you. They look up to you, and if you are tangibly living out your faith and reading them God's Word, they will Soak. It. In.

2. Be intentional in prayer.

Pray out loud, pray in your head—and never stop praying. We know it's easier said than done, and none of us have it down perfectly, but there are ways to increase the amount of prayer in your life. Decide that every time you do the dishes, you are going to pray for _____ (maybe your kids, you fill in the blank).

Another idea is this: with your children, pray on the way to school, when they are fussy, and before bed. Show them what it is like to live a life lathered in prayer.

3. Be intentional in making Sundays special.

Your kids don't have to dread going to church. (Wait, what?) Try making Sundays the day for special breakfasts (pancakes, French toast, bacon), turn on some music, and give your kids a reason to be excited about getting up on Sunday morning. Rather than church feeling like a chore, it will be part of a fun-filled morning.

Also, try blocking out "family time" on Sunday nights! Let this be time for crafts, games, and even memorizing Scripture as a family. I still cherish videos of my five-year-old (now twenty-one) reciting portions of Scripture (up to seven verses at a time) during our treasured family time.

4. Be intentional in the car.

Are we taxi drivers or moms? That is the real question. You probably feel like you are spending ages in the car with your children, so use that time! Talk to them, pray with them, laugh with them. Use car rides as a time to get to know your kids. And don't forget about listening to *Adventures in Odyssey*, *Wee Sing Bible Songs*, or other listening materials within that arena. Even the ride to school can point your kids to Jesus.

5. Be intentional about date nights.

Having a solid relationship with your husband will teach your kids more than you know. One day, they will copy the way you interact with your spouse, so make sure you are taking the time to cultivate your relationship with him.

6. Be intentional about serving.

Teaching your kids to serve with the right attitude can set them up for success. Serving is a beautiful way of life, and it can start by helping mommy greet at church, making care bags for the homeless, or cooking a meal and bringing it to a family going through a hard time.



Help Club for Moms



*Raising
Christ-Centered Kids:*

SIX EASY WAYS TO BECOME AN INTENTIONAL MOM

So, there you have it! These ideas are simple and practical yet effective! You'll love how it's often the smallest ideas that make the most significant impact. When you are intentionally loving and teaching your kids, you do not have to worry about missed opportunities or the influence they are receiving outside your home. Take a breath, pray, then go out there and intentionally love your kids.

If this has encouraged you in any way, take a moment and think of other moms in your life who could benefit from these ideas too. Share to your social media page or send this link directly to your friends. The world needs more moms like you who are striving to grow in their intentionality. I am so thankful for you, sweet mama!

- Deb