

# Best Summer Ever Challenge

## Week Eight

### Spirit

Read "The Love Your Husband Challenge"  
Devotional Days 3-5 on the Bible App

  

### Husband

Ask your husband how you can pray for him this week. Write it down and REALLY pray for him. Pray Scriptures over him as well.

### Children

Commit to only using positive and uplifting words when speaking to your children for at least two days this week.

### Home

Stop to consider what in your routine is not working for your family, and find a new solution.

### Person

Exercise 3 times this week

Watch Deb's Mentoring Monday video and start the habit of tuning in every week.