

# Best Summer Ever Challenge

## Week Seven

### Spirit

Read "The Love Your Husband Challenge"  
Devotional Days 1-3 on the Bible App

### Husband

Plan a date night in. Write down a few ideas and then put them in a bowl and draw a winner. Try to make date night a bi-monthly commitment.

### Children

Start a morning devotion time with your children during breakfast. Read while your children are eating. Keep it short and feed them the Word of God.

### Home

Clean off the top of your refrigerator this week. Clear off clutter, dust and wipe down.

### Person

Exercise 3 times this week

Watch Deb's Mentoring Monday video and start the habit of tuning in every week.