

Best Winter Ever Challenge

Week Eight

Spirit

Read "The Love Your Husband Challenge"
Devotional Days 3-5 on the Bible App

Husband

Ask your husband how you can pray for him this week. Write it down and REALLY pray for him. Pray Scriptures over him as well.

Children

Commit to only using positive and uplifting words when speaking to your children for at least two days this week.

Home

Stop to consider what in your routine is not working for your family, and find a new solution.

Person

Exercise 3 times this week

Watch Deb's Mentoring Monday video and start the habit of tuning in every week.