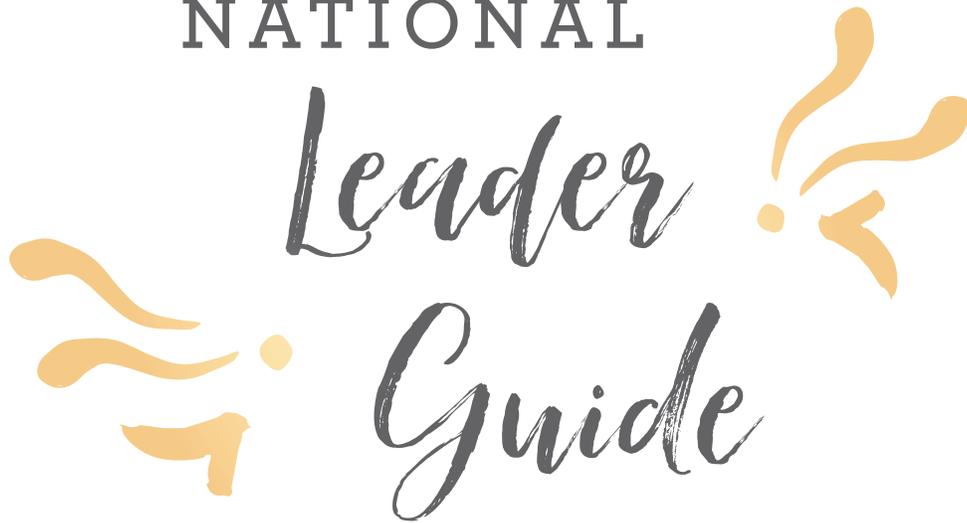


Help Clubs for Moms

NATIONAL

Leader

Guide





Help Club for Moms



Dear Leader,

We wanted to take a quick second to say “thank you!” We are always so blessed when we hear that another Help Club for Moms group has formed, and eagerly anticipate all that God has planned for you and your sweet moms who are joining you. We know God is going to bless your group beyond measure!

We want to gift you with this leader packet so that you never feel lost as you lead your group! In the pages that follow, you will find an example flow of what you can do during the course of your meeting time. Use it all or use some of it, but we know that having a practical guide is so helpful!

We know that God called you to this leader role. Whether you are an introvert or extrovert, God has called you out to be brave, and be the initiator of this gathering to a group of moms who, just like you and me, yearn for God’s wisdom and guidance in their lives—especially in their home with their children.

Our hope and prayer for you is that you will lead your group in the power of the Holy Spirit. We are confident that since He has placed you in this leader role, He is going to speak through you. Remember, sometimes a simple word, a Bible verse that is near to your heart, an encouraging personal story, or simply praying over your group is enough. You don’t need years of experience to be the leader God has called you to be! Use your gifts, your personality, and who God made you to be to uniquely lead your group of moms!

Please know that we are continually praying for you! Please reach out to us and email us with your prayer requests for your group. We will pray for each and every one! You are not alone as you lead your group, and we are here to come alongside you and support you! Email us at admin@helpclubformoms.com.

*“When the righteous cry for help, the Lord hears,
and rescues them from all their troubles.”*

~ Psalm 34:17

In Christ,
The Help Club for Moms Team



Get Ready!



BEFORE YOUR FIRST MEETING:

- We encourage you to have a leadership team within your group! This is an effective tool for a communication tree and support for you! Each leader will act as a “table leader” as well. They will help with small group time discussion and prayer for their table.

YOUR LEADERSHIP TEAM WILL ALSO:

- Determine the dates for the meetings and decide who will teach the devotional for each meeting.
- Determine who will facilitate the flow of each meeting (in charge of on-time drawing prize, song and lyrics, time keeper, etc. Decide what works for your team).
- Communicate with moms regarding all dates/content/need to know information.

WEEK OF FIRST MEETING:

- Text your leaders to make sure they communicate with their designated moms. Text them to say “Hello,” that they are praying for them, and any “need to know” information.

DAY OF FIRST MEETING:

- Invite leadership to come early to help set up as needed.
- Designate a helper to check in the moms (welcome them, sign-in sheet, collect money if needed for the book or childcare, etc.).
- Pray over the meeting/moms/chairs—invite the Holy Spirit into your time together!



Preparation

FOR YOUR MEETING TIME

- Read through all the studies assigned for your group during your own quiet time. Pray and ask God to tell you what to talk about and what your moms need. Write down what you learned from each study in your journal or the journal pages.
- Watch the “Mentoring Monday” video on Facebook (Monday 9AM Mountain Time) to help prepare for the meeting. Remember to take notes.
- Do at least one of the “Faith-Filled Ideas” and two “Mom Tips” and be prepared to share.
- Choose one quote from the studies that spoke to you to share in your group.
- Choose two Scriptures that spoke to you and be prepared to share why.
- Ask two leaders ahead of time to be prepared to share their answers to the small group questions. Also assign leaders to share a “Mom Tip,” “Faith-Filled idea,” and Book Review. Text your leaders ahead of time to remind them!
- Your job as the leader is to guide the group to go deeper. Keep the meeting simple.
- Make copies of the songs to sing this week.

***Note:** *If you or your group leaders do not complete all of the items in this lesson plan, no worries! Remember as we say in Help Club, “You do you!” Pray and ask God to lead your group! He will tell you what to do!*



Suggested "Flow"

DURING YOUR MEETING TIME

1. Begin your meeting time with this prayer:

"God, we invite you into our meeting today. Come Holy Spirit. Let our words be your words. Speak to our hearts today. In your name we pray. Amen."

2. On-time drawing:

- Reward your group for being on-time! Have candy or prize ready to pass out and do an "on-time" drawing. Put the names of those who arrives on-time in a jar, and pick a winner!
- Also, reward Prayer Partners that prayed together over the week by tossing out candy to them as well.

3. Break into Small Groups:

- Small group leader questions:
 - What was your favorite "Mom Tip" or "Faith-Filled Idea" this week and why?
 - What was your favorite quote and why?
 - Discuss a couple of the points or themes from the past few weeks and ask a few questions to go deeper. You can find these questions in the leader page we send out to you for your group time!
 - Ask for prayer requests and pray for the moms in your group/at your table.

4. Return to the large group:

- Sing two worship songs.
 - *Note: If you do or do not have a worship leader, it's okay! Simply pull up the songs on Spotify or YouTube and sing along.*
- Have one or two of your leaders share one of their "Mom Tips" and "Faith-filled Ideas" they completed that week. Open it up for anyone else in the group to share the ones they completed too.
- Have one of your leaders share a book review, either one for moms or kids. This is so helpful because moms are often searching for tried and true books that are wise, godly, and that they can trust! Ask one of your table leaders to share their favorites and rotate if that helps you!
- Ask the group: "Which study spoke to your heart the most this week and why?"
- If you don't get any volunteers from moms in the group, your leaders can get the ball rolling by sharing their prepared answers. Ask them ahead of time to do this!
- Share your answers last:
 - Choose a quote (at the top of each study) to share. Talk about what it means or how it spoke to you.
 - Choose a "Faith-Filled idea" or a "Mom Tip" that you completed and say what you loved about it.



Suggested "Flow"



DURING YOUR MEETING TIME

- Share the two Scriptures that spoke to you as you read the studies with the group. You can elaborate and say what they mean to you personally, and/or you can use them to inspire, encourage, or challenge your group to be more Christlike. A practical way to put these into practice in their lives could be very helpful, too!
- Additionally, you may refer to a devotion in the book that impacted you or a personal story.

5. Time of Prayer (10 – 15 minutes):

- Moms can pray in person with their Prayer Partner. (Have all the moms get together during your first group and commit to being prayer partners. This is a very important component of Help Club groups!)
- Make sure everyone has a partner.
 - If a mom's Prayer Partner is absent, group her temporarily with another mom just for today.
 - If you ever have any questions or need any ideas, please write your question in the *Help Club for Moms National Leader Group* on Facebook or email us at admin@helpclubformoms.com! We are so happy to help you!



Elements

OF A THRIVING HELP CLUB GROUP

- 1. A commitment to completing the studies!** We created these study times to be simple—just three per week since we know that moms are busy and some days just don't pan out the way we hoped they would! Remind your moms of this and ask them to prayerfully consider committing to completing their studies each week.
- 2. Implementing the “Mom Tips” each week!** Our “Mom Tips” are tried and true. Each one is a bit of wisdom passed down from other mamas and they worked wonders in their homes! Using the “Mom Tips” helps us as moms to stay intentional in our homes. To intentionally love and care for the people God has placed in our care. Commit to doing at least one or two per week as a group.
- 3. Implementing the “Faith-filled Ideas” each week!** The “Faith-filled Ideas” after each study urge us to go deeper! At Help Club for Moms, we believe in making these godly concepts that we read and write about come alive by giving you a practical idea to put into action right away. Make a faithful commitment to do at least one or two each week.
- 4. Pray with a “Prayer Partner” each week!** Friend, having a prayer partner could be one of the single, most impactful things you could do! This is where the rubber meets the road, and moms can get personal and deep—not to mention creating what will likely be a life-long friendship! Encourage your moms to connect each week, for just 10-minutes, and pray together! It's a quick phone call that could easily change their week in their home with their families.
- 5. Use your gifts and encourage your leaders to do the same!** Leader, God made you YOU for a reason! We encourage you to know your gifts and strengths and ask that God use them in your group. Then, pray and ask God to show you who you could ask to help you that has a different set of gifts! Your Help Club Group is a puzzle of all of God's people, coming together and using their specific gifts to connect someone else to the puzzle to make it whole! God loves when we ask Him for wisdom and guidance and He gives it to us! Pray and ask God for leaders and then ask those leaders to lead with their giftings and bless these mamas.
- 6. Be a “Prayer Warrior” for your group!** Oh leader, your group needs you. They need you to pray for them! Being a mom is a hard calling but a worthy one that is WORTH IT in every way. But sometimes we need others to remind us of that! That's why we come together in this way. Schedule a time or two in your week that you can pray for the sweet moms in your group. Before your meeting time, ask your leaders to come just 5-minutes earlier and have a prayer time before you even begin! God works wonders on our behalf when we pray! And when we do, He give us the words to say, the encouraging word that someone needs, or the prayer to pray for them. You are not alone. God wants to partner with you as you lead your group.



Elements

OF A THRIVING HELP CLUB GROUP

- 7. Follow the “Suggested Flow” we give you for each meeting!** Sometimes, the hardest part of leading a group is deciding what to do. We want to make that part easy for you! This flow of these groups is one that has been very successful for countless groups so far, and we know it will work well for you, too. Follow each simple step, and then let the Holy Spirit guide you if you need to make modifications or add something to it. We intentionally considered all the elements that are important when believers come together: worship, fellowship, discussion, prayer, and time to share wisdom and help. We also provide you with a one page sheet that we will email you for each meeting time you have. It will give you discussion questions, worship song suggestions, and prompts for your large group and small group time. Then we ask that you ask the Holy Spirit to help you as you consider what He has placed on your heart to say for your “Teaching Time.” You know your group and the mamas in it and are the very best person to talk to them and teach them in their season of life!
- 8. Email us and let us pray for your group, too!** It is our pleasure and delight to pray for you and your group! Please email us at admin@helpclubformoms.com. Tell us your prayer requests, praises, struggles...all of it! We want to partner with you and be a support. We are so blessed you are leading a group and can't wait to hear of updates all along the way.